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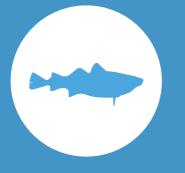
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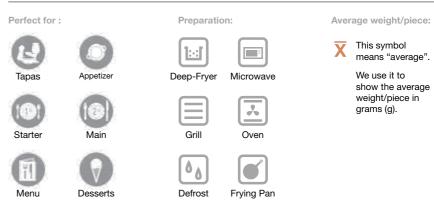
Fish.

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KEY ICONS





Stuffed Baby Squid.

Cleaned baby squid tubes stuffed with chopped Calamari and squid. Individually packed.

Perfect for tapas, starters and main dishes.



Preparation:	Format:	In
DEFROSTING: Defrost in the lower part of refrigerator (24 hours), then cook as per recipe	Box of 7 kg.	4
instrucctions. FRYER: Coat in flour and deep in hot oil for 2 minutes and cook as you like.	Average weight:	Ch
	⊼ 97 g	0
	FISH · RAW,R/M	Po

ngredients:







Halibut Fillet.

Skinless / PBO Halibut fillets.

Perfect for main dishes.



Ingredients:



Halibut.

Preparation:

DEFROSTING: Defrost in the

lower part of refrigerator (24

towel and cook as recipe

instructions.

hours), dry with kitchen paper

Format:

Box of 3, 6 and 7 kg.

Average weight:



* Frozen

\star Frozen

٥٥





Sole Fillets.

Skinless / PBO sole fillets. Individually packed.

Perfect for main dishes.



Preparation:	Format:
DEFROSTING: Defrost in the lower part of refrigerator (24 hours), then cook as per recipe	Box of 7 kg.
instrucctions.	Average weight:
٥٥	<mark>⊼</mark> 177 g

Ingredients:
-
Sole.

Plaice Fillet.

Skinless / PBO Plaice fillets. Individually packed.

Perfect for main dishes.



Ingredients:



Format: Box of 7 kg.

DEFROSTING: Defrost in the lower part of refrigerator (24

hours), then cook as per recipe instrucctions.



X	185	C

Average weight:

🔹 Frozen

\star Frozen

Plaice.

FISH · RAW,R/M





W.R. **Squid IQF**

Whole round squid with skin and víscera, (IQF) individually quick freezing.

Perfect for tapas and main dishes.



Preparation:	Format:
DEFROSTING: Defrost in the lower part of refrigerator (24 hours), then cook as per recipe	Box of 6 kg.
instrucctions.	Average weight:
٥٥	⊼ 62 g



Ingredients:



Squid.

Ingredients:



Squid.

Chopped Patagonian Squid.

Chopped frozen patagonian squid with skin.

Perfect for tapas and main dishes.



Preparation: DEFROSTING: Defrost in the

lower part of refrigerator (24 hours), then cook as per recipe Format:

Box of 6 kg.

Average weight:



🔹 Frozen

🔹 Frozen

instrucctions.

100



Preformed Fish.

· Glazed Red Fish.

Fine Red fish fillet, preformed and calibrated. Glazed for its protection.

Perfect for main dishes.



Preparation:

FRYER: Fry in plentiful hot oil at 190 °C for 2 minutes. Fry in small batch to aviod sticking.

FRYING PAN or GRILL: Heat pan at medium heat for a couple of minutes, sprinkle oil and let them grill for 2 to 3 minutes each side.



Format:

In Bulk.

Average weight:









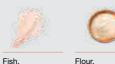
· Glazed Salmon.

Fine salmon fillet, preformed and

Perfect for main dishes.

calibrated. Glazed for its protection.





CLAVO CLAVO



Salt.





· Glazed Tuna.

Fine tuna fillet, preformed and calibrated. Glazed for its protection.

Perfect for main dishes.



· Breaded Hake.

Made from hake, preformed in fillet then breaded.

Perfect for main dishes.



Preparation:

OVEN: Preheat oven at (220 °C) and bake until golden brown(7- 8 minutes). Turn it over half way through cooking. FRYER: Fry in plentiful hot oil (180 °C) until golden brown (2 -3 minutes).

~	

Format:

Box of 6 kg.

Average weight:

X 52 g





Euroshrimp.

Our famous "Euroshrimp", created by us in 1989. Every shrimp is battered by hand, gabardina style. One of Clavo's best sellers.

Perfect for tapas and starters.



Preparation	Format:
OVEN: Heat oven (220°C) and bake until golden brown (9-10 minutes). Tum them over half way through cooking. DEEP FRYER: Fry in hot oil (180°C) until golden brown (3-4 minutes).	2 x 1kg. 10 x 500g.
	Average weight:
	<mark>X</mark> 20g

Ingredients:





Ingredients:



Shrimp. Flour.



Battered Shrimp.

Whole peeled shrimp is battered and prefried.

Perfect for tapas and starters.



Preparation:

OVEN: Preheat oven at (220 °C) and bake until golden brown (7 - 8 minutes). Stir at half way through cooking.

FRYER: Fry in plentiful hot oil (180 °C) until golden brown (2 - 3 minutes).



Format:

Box of 2 kg.

Average weight:

ful hot oil brown (2 - X 15 g



14

SH · PREFR

* Frozen

* Frozen

5



Our delicious and crusty cornflake, peeled shrimp is breaded with cornflake base breadcrumbs.

Perfect for tapas and starters.



Preparation:

OVEN: Preheat oven at (220 °C) and bake until golden brown(7 - 8 minutes). Turn it over half way through cooking. FRYER: Fry in plentiful hot oil (180 °C) until golden brown (3 minutes).



Format:	Shri
2 x 1 kg.	
Average weight:	Cor
⊼ 22 g	

Ċ	\bigcirc
Shrimp.	Flour.
Corn flakes.	Oil.



Ingredients:

Oil.



Curly Squid Strips.

Thinly cut giant squids, covered with tasty and crusty breadcrumbs.

Perfect for tapas and starters.



Preparation:

:::

Format:

FRYER: Fry in plentiful hot oil at 180 °C for 2 minutes.



Average weight:

 $\overline{\mathbf{X}}$ 5 - 30 g

🔹 Frozen

🔹 Frozen

Spices.

Salt.

Breadcrumbs.

Ingredients:

Giant squids.

Wheat flour.

Water.



Floured Puntilla Baby Squids.

Floured puntilla squids, juicy, crunchy and so tasty.

Perfect for starters.



CLAVO

Preparation:

FRYER: Fry in plentiful hot oil at 190 °C (2 minutes) until golden brown and firm ...

Format:

2 kg In Bulk.

Average weight:









Ingredients:



Baby Squid. Flour.







minute).

FRYER: Fry in plentiful hot oil

(195 °C) until golden brown (1

The famous "Chopitos".

OVEN: Preheat oven at (250 °C) and bake until golden brown(4 -5 minutes).

Baby Squid.

Perfect for tapas and starters.

Baby squids are chopped and floured.

CLAVO

Average weight:

Box of 5 kg.

Format:

X 13 g



:.:







Our Egg Battered Rings.

Fabulous textured dough just like squid rings, cut into rings and coated with egg batter.

Perfect for starters.



Preparation:	Format:
OVEN: Preheat oven at (250 °C) and bake until golden brown(8 minutes). Turn it over half way through cooking.	3 x 1 kg.
through cooking.	Average weight:
FRYER: Fry in plentiful hot oil	
(180 °C) until golden brown (2 minutes).	<mark>₮</mark> 20 g

Ingredients:



Oil. Salt.

Ingredients:

Squid. Flour.



Battered Calamari Rings.

Clean squid rings, battered, prefried, frozen and packed.

Perfect for tapas and starters.





Preparation:

1:-:

FRYER: Fry in plentiful hot oil (180 °C) until golden brown.



Format:

Average weight:

X 12 g

🔹 Frozen



Battered Baby Calamari.

Clean squid rings, battered, prefried, frozen and packed.

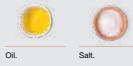
Perfect for starters.



Preparation:	Format:
OVEN: Preheat oven at (220 °C) and bake until golden brown(5 - 6 minutes). Turn it over half way	5 x 1 kg.
through cooking.	Average weight:
FRYER: Fry in plentiful hot oil at 180 °C until golden brown (2 minutes).	<mark>₹</mark> 8g

Ingredients:







Battered Diced Squids.

Delicious portions of squids, battered and prefried.

Perfect for tapas and starters.



Preparation:

OVEN: Preheat oven at (220 °C) and bake until golden brown (7 -8 minutes).

Average weight:

Format:

5 x 1 kg.

FRYER: Fry in plentiful hot oil (180 °C) until golden brown and firm (2-3 minutes).





:::		

🔹 Frozen

🔹 Frozen

Salt.

Flour.

Ingredients:

Giant squids.

Oil.

X 12 g

Squid Strips Prefried.

Tender giant squid, cut into strips, breaded, prefried to obtain nice golden brown color.

Perfect for starters.



Preparation:	Format:
OVEN: Preheat oven at 220°C and bake 7 - 8 minutes until golden brown. Turn it over half way through cooking.	10 x 400 g. 4 x 1 kg. 2 x 2,5 kg.
FRYER: Fry in plentiful hot oil at 180 °C until golden brown and firm (2-3 minutes).	Average w

weight:

Ingredients:

Oil.





	1	
1	2	-
 		-

Squid Strips.

Tender giant squid, cut into strips, breaded and frozen.

Perfect for starters.



Ingredients:



Breadcrumbs.



Squid.

Salt.

Preparation:

OVEN: Preheat oven at 220°C and bake 7 - 8 minutes until golden brown. Turn it over half way through cooking.

FRYER: Fry in plentiful hot oil at 180 °C until golden brown and firm (2-3 minutes).



Format:

10 x 500 g.

Average weight:

X 17 g



🔹 Frozen

0	-
•)	6
/	ί.



Hake Fish Fingers.

Breaded hake fish finger, frozen and packed.

Perfect for main dishes.



Preparation:

OVEN: Preheat oven at 220°C and bake until golden brown (8-10 minutes). Turn it over half way through cooking.

FRYER: Fry in plentiful hot oil at 180 °C until golden brown and crusty (3 - 4 minutes).



Format:

Box of 5 x 1 kg.

Average weight:

X 32 g







Ingredients:



Hake. Flo



J.
our.



1.1.5	500 C	No.		1000
-	5	200	1	

Sticks.

Preparation:

Hake Fish

OVEN: Preheat oven at 220 °C and bake until golden brown (7 - 8 minutes). Turn it over half

Our delicious hake fish sticks, battered and prefried.

Perfect for tapas, appetizers and main dish.

Average weight:

CLAVO 28

FRYER: Fry in plentiful hot oil at 180 °C until golden brown and crusty (3 - 4 minutes).



way through cooking.

Format:

10 x 500 g.

X 18 g

🔹 Frozen



San Marino Preformed.

Preformed fish stuffed with delicious york ham and cheese, covered with crusty breadcrumbs.

Perfect for main dish.



Ingredients:





Breadcrumbs.





San Marino.

Two skinless / PBO fish fillets stuffed with York ham and cheese, breaded and individually packed.

Perfect for main dish.

CLAVO

Preparation:

crusty (5 minutes).

OVEN: Preheat oven at 220 °C and bake until golden brown. (9 - 10 minutes).

FRYER: Fry in plentiful hot oil at

180 °C until golden brown and

Average weight:

Format:

5 x 1 kg.

Box of 5 kg.

X 130 g

York ham.
2 TO A



Ingredients:



Breadcrumbs.



Cheese.

Salt.

🔹 Frozen





Battered Cod Portions.

Delicious and crusty battered cod portions.

Perfect for tapas and main dishes.



Preparation:	For
OVEN: Preheat oven at 220 °C and bake until golden brown. (8 - 10 minutes). Turn it over half way through cooking.	6 x 1
way through cooking.	Ave
FRYER: Fry in plentiful hot oil at	
180 °C for 3 to 4 minutes until golden brown .	X



Format:	

1 kg.

erage weight:

25 g







Ingredients:

Cod.







Salt.

Corn flakes.



Parsley and spices.

Oil.

Cornflake **Crusted Cod.**

Tasty cod and potate base portions, covered with crusty conflake breadcrumbs.

Perfect for tapas and starters.



Preparation:

FRYER: Fry in plentiful hot oil at 180 °C around 3 to 4 minutes.



Format: Bag of 1 kg. /

500 g.

Average weight:

X 8 - 25 g

🔹 Frozen



Breaded Granadier Fillet.

Breaded grenadier skinless fillets / PBO.

Perfect for main dishes.



-		
Pre	paratio	n.
	Janacio	

OVEN: Preheat oven at 250 °C and bake until golden brown. (8 - 9 minutes). Turn it over half way through cooking.

FRYER: Fry in plentiful hot oil at 180 °C until golden brown (3 minutes).



5 x 1 kg.

Average weight:







Granadier. Flour.







Seafood Paella Mix.

Selected seafood mix. Perfect for paella.

Perfect for main dishes.



Preparation:

Format:

(12 x 400)

În Bulk 4kg.

Tray of 400 g

DEFROSTING: Defrost in the lower part of refrigerator (24 hours), dry lightly with kitchen paper towel and cook as per recipe instructions.

Average weight:



🔹 Frozen

🔹 Frozen

Squid rings.

Prawns.

Clams.

Ingredients:

Dublin Bay Prawns

Mussels

Squid.

00



Fish Burgers.



• Salmon Burger.

Made with norweigian salmon portions, lightly flavoured.

Perfect for main dish.



Preparation:

FRYING PAN or GRILL: Heat a frying pan or grill, drop few drops of oil and brown both sides for 3 - 4 minutes. If you like, defrost previously and cook it for 2 minutes each side.



• Tuna Burger.

Made with tuna loin, lightly flavoured.

Perfect for main dish.



Format:

3 kg In Bulk. / IWP 2 units 230 g.

Average weight:









· Giant Squids Burger.

Delicious "hamburgers" made from squid, frozen and packed.

Perfect for tapas, starters and main dishes.

Ingredients:

Flour.





:.:

FRYER: Fry in plentiful hot oil at 180 °C until golden brown (2 - 3 minutes).

Format: 6 x 1 kg.

Average weight:





Breadcrumbs.





Tuna.



Mussel Tempura.

Mussels covered with fine tempura batter.

Perfect for tapas and starters.



Preparation:

OVEN: Preheat oven at 250 °C and bake for 8 to 10 minutes. Stir at half way through cooking. FRYER: Fry in plentiful hot oil at 190 °C for 2 - 3 minutes.



Format:	
4 x 500 g.	

Average weight:

x9g

Ingredients:







Shrimp Tempura.

Exquisite shrimps covered with fine tempura batter. Perfect for starters.



Ingredients:



Flour.



Salt.

Shrimp.

Preparation: OVEN: Preheat oven at 250 °C and bake for 8 to 10 minutes.

Format:

°C 4 x 500 g.

Average weight:

<u>x</u> 23 g

FRYER: Fry in plentiful hot oil at 190 °C for 2 - 3 minutes.

Stir at half way through cooking.



PREFRIED	

* Frozen





Tuna Loin -Calibrated-.

Delicious tender tuna loin, calibrated and frozen.

Perfect for main dishes.



Preparation:	
DEFROSTING: Defrost in the lower part of refrigerator (24 hours) and cook as per recipe instructions.	



IG: Defrost in the In Bulk.







Ingredients:



White fish.



Ingredients:



Spices. Paprika.

Imitation Young Eel.

Delicious and smooth texture imitation young eel, made with 1st class white fish.

Perfect for tapas and starters.



Preparation:

Format:

the Tray of 200 g.

DEFROSTING: Defrost in the lower part of refrigerator (24 hours)and cook as per recipe instructions.



🔹 Frozen

Water.



Hake Fishballs.

Delicious fish balls made with hake fish base, seasoned with special spices.

Perfect for tapas, starters and main dishes.



Preparation:

FRYER: Fry in plentiful hot oil at 180 °C until golden brown (1 - 2 minutes) and cook as per recipe instructions.



Format:

6 x 1 kg.

Average weight:



Ingredients:



Bread.



Aromatic herbs. Spices.



Salt.

at

FISH · PREFRIED 🔹 Frozen

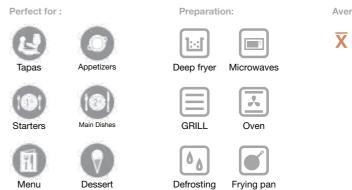


Meat.

Meat.

Breaded Chicken Fillets 44 Chicken Villaroy 45 Chicken Fingers 46 Turkey Fingers 47 Chicken Clouds 48 Popcorn Chicken 49 BBQ Chicken Wings 50 BBQ Chicken Drumsticks 51 Chicken Tulips 52 Nuggets 53 San Jacobo 54 Mini San Jacobo 55 Ham & Cheese Rolls 56 Mini Ham & Cheese Rolls 57 Veal Milanese 58 Pork Loin Cordon Bleu 59 Beef Meatballs 60 Cornflake-crusted Burger 61

KEY ICONS



Average weight/piece:

This symbol means "average".

We use it to show the average weight/piece in grams (g).





Breaded Chicken Fillets.

Our famous and delicious chicken breast fillets, marinated and breaded.

Perfect for main dishes.



Preparation:

OVEN: Preheat oven at 250 °C and bake for 7 to 8 minutes until golden brown.Turn it over half way through cooking.

FRYER: Fry in plentiful hot oil at 180 °C until golden brown and crusty (2 - 3 minutes).



Format:

Box of 4 kg (iwp, Bag of 1 kg).

Average weight:

X 120 g







Parsley.

Chicken Villaroy.

sauce with a hint of nutmeg, then breaded.

Chicken breast, covered with smooth bechamel

Perfect for tapas, starters and main dishes.

Ingredients:











Salt.

Preparation:

<u>:::</u>

Format:

FRYER: Fry in plentiful oil at 175 °C for 6 - 8 minutes).

Box of 5 kg.

CLAVO

Average weight:



🔹 Frozen

* Frozen





Chicken Fingers.

- · Cornflake base bread-crumbed and prefried
- Standard breadcrumbed

Chicken breast cut into strips, breaded and pre-fried. Different types of fingers are available.

Perfect for appetizers, starters and main dishes.



Ingredients:	
	\bigcirc
Chicken (breast).	Breadcrumbs
	0
Oil.	Salt.
Corn flakes.	

🔹 Frozen 🛛 🔸 Chilled

Turkey Fingers.

Turkey breast, cut into strips, marinated in special seasoning, then breaded and pre-fried.

Perfect for tapas, appetizers and main dishes.



Ingredients:

Oil.



Breadcrumbs.



🔹 Frozen

Preparation:

(7 - 8 minutes).

(3 minutes).

OVEN: Preheat oven at 250

°C and bake until golden brown

Box of 4 kg (Bag of 500 g).

Format:

FRYER: Fry in plentiful hot oil at 180 °C until golden brown Average weight:

X 18 g/unit





Chicken Clouds.

Juicy boneless chicken thigh portions, marinated and breaded.

Perfect for tapas and starters.



Preparation:

OVEN: Preheat oven at 250 °C and bake until golden brown (8 - 9 minutes).

FRYER: Fry in plentiful hot oil at 180 °C until golden brown and crusty (3 - 4 minutes).



Format:

Box of 4 kg

(Bag of 500 g).

X 15 g

Average weight:

Ingredients:





Chicken.



Ingredients:



Flour.

Popcorn Water.

Popcorn Chicken.

Fun snack of chicken covered with firm popcorn based breadcrumbs.

Perfect for tapas and starters.

Preparation:

:.:

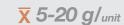


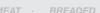
Format:

FRYER: Fry in plentiful hot oil at 180 °C for 3 minutes.

Bag of 300 g.

Average weight:





🔹 Frozen

* Frozen

MEAT ·





BBQ Chicken Wings.

Chicken wings and drumsticks are marinated in delicious BBQ sauce and roasted.

Perfect for tapas, starters and main dishes.



Preparation:

OVEN: Preheat oven at 250 °C and bake until golden brown (12 - 15 minutes). Turn them over half way through cooking.

MICROWAVE:Put 5 to 7 units on the plate and heat at max. power (5 minutes).

FRYER: Fry in plentiful hot oil at 180 °C for 3 minutes.

Format:

10 x 500 g.

Average weight:

₹ wing: 40 g drumstick: 47,5 g

Ingredients:



6 6



Paprika.

Sugar.

Ingredients:





Mustard.



Spices.

BBQ Chicken Drumsticks.

Chicken drumstick marinated in water, spices and salt.

Perfect for tapas and starters.



Preparation:

*

OVEN: Preheat oven at 250 °C and bake until golden brown (7 - 8 minutes).

Bag of 1 Kg , In Bulk.

Format:

FRYER: Fry in plentiful hot oil at 180 °C for 3 minutes.





X 55 g/unit

🔹 Frozen

ozen

🔹 Frozen

~

Chicken Tulips.

Chicken drum sticks on the bone, marinated in tasty sauce, roasted and frozen.

Perfect for tapas, starters and main dish.



Preparation: OVEN: Preheat oven at 250 °C and bake until golden brown (12 - 15 minutes). Turn them over half way through cooking. MICROWAVE:Put 5 to 7 units on the plate and heat at max. power (5 minutes). FRYER: Fry in plentiful oil at 180 °C for 3 - 4 minutes.



Box of 3 kg (Bag of 500 g).

Format:

Average weight:

X 50g/unit



Ingredients:

Sauce.



Nuggets.

 Chicken breast · Chicken meat

Our famous battered nuggets made from chicken meat.

Perfect for tapas and starters.



CLAVO Reform

Preparation:



Chicken. Flour.

Ingredients:



OVEN: Preheat oven at 250 °C and bake until golden brown (8 - 9 minutes). Turn them over half way through cooking.

FRYER: Fry in plentiful hot oil at 180 °C until golden brown and crusty (3 - 4 minutes).



Format:

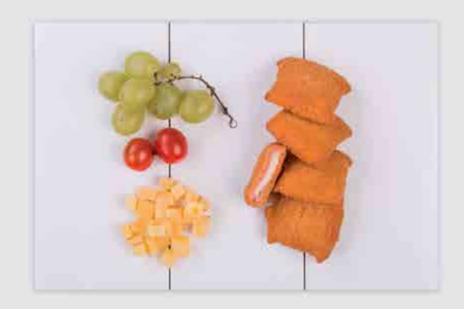
Box of 4 kg (Bag of 500 g).

Average weight:

X 23 g/unit

* Frozen





San Jacobo.

Big recutangler slices of pork and turkey ham, filled with creamy cheese bechamel sauce, breaded, frozen and packed.

Perfect for tapas, starters and main dishes.



Format:

or 6 kg IWP.

X 90 g

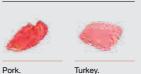
Box of 4 kg In Bulk

Average weight:

Preparation:

FRYER: Fry in plentiful oil at 180 °C for 3,5 - 4,5 minutes.

Ingredients:





Breadcrumbs. Cheese.



Other Ingredients: Salt.

Ingredients:

Pork.













Other Ingredients: Salt.

Mini San Jacobo.

Small recutangler slices of pork and turkey ham, filled with creamy cheese bechamel sauce, breaded, frozen and packed.

Perfect for tapas, starters and main dishes.



Preparation:

]:•:[

Format:

FRYER: Fry in plentiful oil at 180 °C for 3 to 4 minutes.

Box of 4 kg (Bag of 500 g).

Average weight:



IEAT · BREA





Ham & Cheese Rolls

Ham a that co

Perfe



Preparation:

FRYER: Fry in plentiful oil at 180 °C for 3 to 4 minutes.

Box of 4 kg (Bag of 1 kg).

Format:

:.:

UIIS.
& cheese rolls, filled with smooth cheese,
comonth oozing out with every bite.
ect for tapas, starters and menu.



Ingredients:



Pork. Turkey.





Cheese.

Breadcrumbs.



Ingredients:



Turkey.





Cheese.

Salt.







Mini Ham & **Cheese Rolls.**

Small ham & cheese rolls, filled with smooth cheese, that comonth oozing out with every bite.

Perfect for tapas and starters.



CLAVO

Preparation:

1:::

Format:

FRYER: Fry in plentiful oil at 180 °C for 3 to 4 minutes.



Average weight:





X 55 g

Average weight:





Veal Milanese.

Our traditional Veal Milanese, tender veal fillet, marinated and breaded.

Perfect for main dishes.



Ingredients:



Breadcrumbs.



Pork loin.

Ingredients:



Cheese.

Breadcrumbs.





Pork Loin Cordon Bleu.

Two delicious slices of pork loin fillet, filled with york ham & cheese slices, then breaded.

Perfect for main dishes.



Preparation:

FRYER: Fry in plentiful hot oil at 180 °C until golden brown and crusty (4 minutes).

Box of 5 kg IWP or Box of 4 kg Bag of kg (4 x 1 kg).

Format:

Average weight:



* Frozen

* Frozen

:.:





Beef Meatballs.

Tasty beef meatballs made from a mix minced beef and pork meat, seasoned, kneaded, formed into spheres and frozen.

Perfect for main dishes.



Preparation:	Format:
FRYER: Fry in plentiful hot oil at 180 °(5 to 5,5 minutes), until golden brown.	Box of 5 kg.
Suggestion: Once they are fried, cook them in a sauce for 10 minutes	Average weight:
	<mark>▼</mark> 25 g

Ingredients:



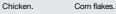
Beef. Pork.



Salt. Breadcrumbs.

Ingredients:





Oil.



\star Frozen



Salt.

Flour.

Cornflake-crusted Burger.

Hamburguesa de Chicken cubierta del crujiente pan corn flakes.

Perfect for main dishes.



Preparation:

minutes).

OVEN: Preheat oven at 250 °C and bake until golden brown (7 - 8 minutes). FRYER: Fry in plentiful hot oil at

175 °C until golden brown (3 - 4

Box of 6 kg.

Format:

Average weight:



* Frozen

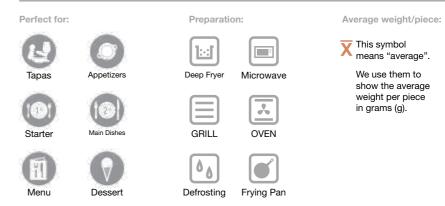


Croquettes.

Croquettes.

Home made Style Croquettes (Ham, Chicken or Cod) 64 Supreme Croquettes (Ham, Chicken or Cod)65 Mini Croquettes 66 Big Croquettes (Ham, Chorizo & Egg) 67 Iberico Ham Croquettes 68 Supreme Stew Croquettes 69 Egg and Chorizo Croquettes 70 Pork Cheek Supreme Croquettes 71 Smoked Cecina Ham Croquettes 72 Squid In Its Own Ink Croquettes. 73 Mushroom Croquettes 74 Bechamel Bites 75

KEY ICONS





Home made style **Croquettes** Ham, Chicken or Cod.

Creamy bechamel sauce with the best ingredients, covered with crusty breadcrumbs.

Perfect for tapas and starters.









Chicken. Cured Ham.



Cod.

Perfect for tapas	and starters.
00	

Creamy bechamel sauce with the best ingredients,





Preparation:

Supreme

Croquettes

covered with crusty breadcrumbs.

Ham, Chicken or Cod.

Format:

FRYER: Fry in plentiful hot oil at 180 °C de 3,5 a 4 minutes until golden brown and firm. Let it stand for one minute.

Bag of 500 g.

Average weight:



🛊 Frozen 🔸 Chilled

1:.:





Mini Croquettes.

We made our delicious croquettes to mini size. Perfect for parties and snacks. Various flavours.

Perfect for tapas and starters.



Preparation:	Format:	Flavours:	
FRYER: Fry in plentiful hot oil at 180 °C until golden brown and firm. (2 - 3 minutes). Let it stand for one minute.	Bag of 500 g.		Flavours:
	Average weight:	Black pudding. Cured Ham.	Cured Ham. Egg and
	15 g morcilla		

Big Croquettes Ham or Chorizo Egg.

Our delicious and smooth croquettes, made them big for the croquettes lover.

Perfect for tapas and starters.



lavours:		Preparation:	Format:
		FRYER: Fry in plentiful hot oil at 180 °C for 5 to 5,5 minutes until golden brown and firm. Let it	4 x 1 kg.
	200	stand for one minute.	Average weight:
Cured Ham.	Egg and chorizo.		<mark>▼</mark> 70 g





Iberico ham Croquette.

Exquisite croquettes made with authentic thinly sliced lberico cured ham.

Perfect for tapas and starters.



Preparation:

FRYER: Fry in plentiful hot oil at 175 °C for 4 to 4,5 minutes until golden brown and firm. Let it stand for one minute.



Format:

Average weight:



800

Ingredients:

Cured Iberico Ham. Flour.



Breadcrumbs. Milk.

🔹 Frozen

Ingredients:



Breadcrumbs. Milk.

Other Ingredients: Salt.

Supreme Stew Croquette.

Delicious croquettes made with main incredients of traditional Spanish stew Cocido, with its authentic flavor and texture.

Perfect for tapas and starters.



Preparation:

:.:

Format:

FRYER: Fry in plentiful hot oil at 175 °C for 4 to 4,5 minutes until golden brown and firm. Let it stand for one minute.

Bag of 500 g (6 x 500 g).

Average weight:

<mark>▼</mark> 35 g

:.:





Egg and Chorizo Croquettes.

Delicious croquettes made with eggs and chorizo, remind us of one of the most typically Spanish dishes with its authentic flavor and texture.

Perfect for tapas and starters.



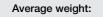
Preparation:

FRYER: Fry in plentiful hot oil at 175 °C for 4 to 4,5 minutes until golden brown and firm. Let it stand for one minute.



Format:

Bag of 500 g (6 x 500 g).





Ingredients:



Chorizo. Milk.



🔹 Frozen

Breadcrumbs.



Flour.

Salt.



Ingredients:



Flour.

Pork Cheek.

Milk.

Salt.



Breadcrumbs.





Pork Cheek

Preparation:

stand for one minute.

<u>:.:</u>

FRYER: Fry in plentiful hot oil at 175 °C for 4 to 4,5 minutes until golden brown and firm. Let it

Average weight:

X 35 g

Format:

Bag of 500 g

(6 x 500 g).

Supreme **Croquettes.** Creamy bechamel sauce and tender pulled pork cheek a la red wine sauce, covered with fine breadcrumbs. Perfect for tapas and starters.

CLAVO COM

Cecina ham Croquettes.

Delicious croquettes made with creamy bechamel sauce and Leon region's famous smoked and cured cecina ham.

Perfect for tapas and starters.



Preparation:

FRYER: Fry in plentiful hot oil at 175 °C for 4 to 4,5 minutes until golden brown and firm. Let it stand for one minute.



Bag of 500 g (6 x 500 g).

Format:

Average weight:

BREADED · MEAT



Ingredients:



Cecina ham Milk.





Flour.





Ingredients:



Squid in its own Flour. ink



Breadcrumbs.





Milk.

Squid in Its Own Ink **Croquettes.**

Croquettes made with delicious bechamel sauce mixed with chopped squid in its own ink.

Perfect for tapas and starters.



Preparation:

FRYER: Fry in plentiful hot oil at 175 °C for 4 to 4,5 minutes until golden brown and firm. Let it stand for one minute.



Average weight:

Bag of 500 g

(6 x 500 g).

Format:



🔹 Frozen

🔹 Frozen







Mushroom Croquettes.

Very fine and aromatic seasonal mushroom, cut and mixed with delicious bechamel sauce, coated with crispy breadbrumbs.

Perfect for tapas and starters.



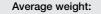
Preparation:

FRYER: Fry in plentiful hot oil at 175 °C for 4 to 4,5 minutes until golden brown and firm. Let it stand for one minute.



Format:

Bag of 500 g (6 x 500 g).





Ingredients:

Mushrooms. Milk.





Flour.

Salt.



Breadcrumbs.







Flavours:

Egg and Chorizo.

Other Flavours: Cocido Stew.

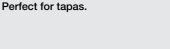


Squid in its ink.



Blue Cheese.

🔹 Frozen



Various delicious flavours are available.

Bechamel Bites.

Crunchy bites, filled with creamy bechamel.



Preparation:

Format:

FRYER: Fry in plentiful hot oil at 180 °C for 2.5 to 3 minutes. Let it stand for one minute.

Average weight:

X17g

Bag of 500 g.

🔹 Frozen

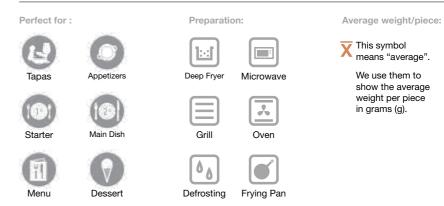
Dough & Puff Pastries.

Tuna Pasties 78 Mini Tuna Pasties 79 Chicken Tinga Pasties 80 Criolla Meat Pasties 81 Puff Pastries 82 Stuffed Piquillo Peppers 83 Egg Bechamel 84 Tigres -Stuffed Mussel Croquettes in the Shell- 85



Dough & Puff Pastries.

KEY ICONS







Tuna Pasties.

Crescent shaped crispy puff pastries, stuffed with delicious tuna and tomato sauce filling.

Perfect for tapas and starters.



FRYER: Fry in plentiful hot oil at 180 °C for 3 to 4 minutes until golden brown .



tot oil at Tray 12 x 250 g or 96 units. 4 x 1 kg.

Average weight:



Ingredients:





Puff pastries. Pepper.



Onion. F

Other Ingredients: Water, egg and salt.

Tuna.



Puff pastries. Pepper.



Flour.

Onion.

Other Ingredients: Water egg, salt and sugar.

Mini Tuna Pasties.

Mini version of our delicious tuna pasties. Filled in with tuna and tomato pisto sauce.

Perfect for tapas and starters.



Preparation:

<u>::</u>:

Dough & Puff Pastries · FISH

Format:

FRYER: Fry in plentiful hot oil at 180 °C for 2.5 to 3 minutes until golden brown .

Bag of 500 g. Bag of 1 kg.

Average weight:



Do

h & Puff Pastries ·

* Frozen





Chicken Tinga Pasties

Crusty pastry filled with declicious and authentic Mexican Tinga chicken.

Perfect for tapas and starters.



Preparation:

FRYER: Fry in plentiful oil at 160 °C for 5 to 6 minutes approximately. Do not fry more than 2 pieces at once, as this loweres oil temperature suddenly.



Format: Box of 3 kg IWP.



X 100 g

Average weight:

Ingredients:



Chicken. Tomato.



Puff pastries. Chipotle Chiles.



Onion. Flour.

Other Ingredients: Water oil, chicken broth and Salt,

Ingredients:

Pork.

Puff pastries.

Onion.

Other Ingredients:

Water garlic and salt.



Tomato.

Pepper.

Flour.

Criolla Meat Pasties.

The famous Creole style meat pasties, mild and delicious flavor. Made with minced meat and tomato sauce.

Perfect for tapas and starters.



Preparation:

Format:

Bag of 1 kg.

FRYER: Fry in plentiful hot oil at 180 °C for 3 to 4 minutes until golden brown .

Average weight:



MEAT · Dough & Puff Pastries

🔹 Frozen

MEAT · Dough & Puff Pastries

:::





Stuffed Piquillo Peppers.

Our delicious stuffed piquillo peppers, we do have various filling as cod, seafood, chicken meat and beef. Perfect to cook with mild cream sauce.

Perfect for tapas and starters.



Flavours:



Piquillo Red PeppersCod.



Seafood.

Preparation:

DEFROSTING: Defrost previously in the refrigera in refrigerator). MICROWAVE:Heat them in microwave for 2 or 3 minutes at max power. COOK: Product can be defrost directly in the accompanying sauce (10 - 15 min).



	IWP 3 kg.
ator (12h	Bag of 1 k
	Bag of 50

)0 g. Average weight:

Format:

X 55 g

Tray of 500 g (12 x 500 g).

Format:

Average weight:

x 250 g





Margarine.



Dough & Puff Pastries ·

Puff pastries.

CLAVO

pasties and desserts. Perfect for desserts.

Preparation:

DEFROSTING:

the refrigerator(12 h).

Defrost previously the dough in

instructions. Bake at 220 °C for

10 - 12 minutes, depending on

OVEN: Preheat oven at 230

°C and cook as per recipe

the width and piece's size.

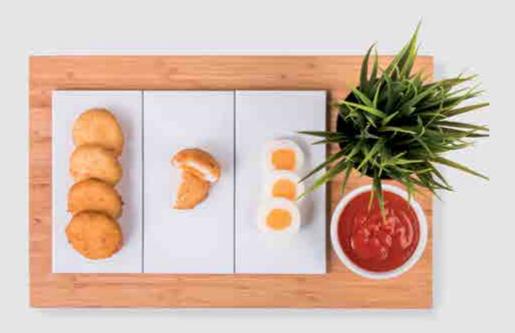
.

Our high standard puff pastries, perfect to cook pies,

🔹 Frozen

🔹 Frozen

100



Egg Bechamel.

Our famous egg bechamel: sliced boiled egg, covered with soft bechamel sauce and breaded.

Perfect for tapas and starters.



Ingredients: Egg. Four. Four. Breadcrumbs. Sait. Milk.



Tigres

-Stuffed Mussel Croquettes in the Shell-.

Bechamel with mussel meat, stuffed in its own shell and breaded.

Perfect for tapas and starters.



Preparation:

:::

Format:

FRYER: Fry in plentiful hot oil at 180 °C for 3 to 3,5 minutes until golden brown and firm. Let them stand for one minute.

IWP 6 kg. Bag of 1 kg.

Average weight:



CHAMELS · I

* Frozen

🔹 Frozen

Salt.

Breadcrumbs.

Ingredients:

Mussel

Bechamel.

Others.

KEY ICONS

Breaded Onion Rings 88 Battered Onion Rings 89 Diced Gouda Cheese 90 French Omelette 91 Spanish Omelette with onion 92 Spanish Omelette with grilled onion 93 Whole Shitake 94 Mushroom Mix with porcini 95 Chopped Porcini Mushroom 96 Green Asparagus 97 Cream Profiterol 98 Leche frita-Battered Custard- 99

Others.

7

Perfect for : Preparation: Average weight/piece: This symbol means "average". $\overline{\mathbf{X}}$:.: Tapas Appetizers Fryer Microwave We use them to show the average weight per piece . \equiv in grams (g). Main Dish Grill Starters Oven 00 Menu Dessert Defrosting Frying pan





Breaded Onion Rings

Delicious natural onion rings covered with crusty breadcrumbs.

Perfect for tapas and starters.



Preparation:

FRYER: Deep fry in plentiful hot oil at 180 °C for 1,5 to 2 minutes until golden brown. Let it stand for one minute.



Format:

2,5 kg In Bulk.

X 20 g

Average weight:

Ingredients:





Ingredients:





Salt.

Battered Onion Rings.

Delicious natural onion rings covered with smooth batter.

Perfect for tapas and starters.



Preparation:

1:-:

FRYER: Deep fry in plentiful

3 kg In Bulk.

Format:

hot oil at 180 °C for 1,5 to 2 minutes until golden brown. Let it stand for one minute. Average weight:



🔹 Frozen

* Frozen





Diced Gouda Cheese.

100% Creamy Gouda cheese made from fresh milk, covered with crusty breadcrumbs.

Perfect for tapas, appetizers and desserts.



Preparation:

FRYER: Fry in plentiful hot oil at 185 °C for 2 minutes. Let them stand for 1 - 2 minutes before serving.



Format:

Bag of 500 g.

Average weight:





Gouda cheese. Breadcrumbs.









Ingredients:



Salt.

French Omelette.

Traditionally well known as "French Omelette" The eggs are nicely done.

Perfect for tapas and starters.



Preparation:

MICROWAVE: Take out the omelette from packaging, spread with oil and cover with microwave-safe lid. Keep at max. power for 2 to 3 minutes.



Format:

75 g. 2 bags x 20 units.

Average weight:

⊼ 75 g

🔹 Frozen

Oil.



Spanish Omelette with onion.

Spanish omelette made with potatos, eggs and onion.

Perfect for tapas and starters.



Preparation:

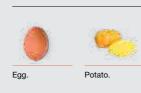
FRYING PAN: Place the omelette into the pan, put the lid on and cook each side (10-12 minutes) on a low heat.OVEN: Place the omelette on an oven rack and bake for 15-20 minutes at 180-200°C. MICROWAVE:Cover the omelette with microwavable lid and heat at max. power around (13-18 minutes).

Format:

800 x 6 unit.

Average weight:

<mark>₮</mark> 800 g



Ingredients:





Salt.



Spanish Omelette with grilled onion.

Square form Spanish omelette made with potatos, eggs and onion.

Perfect for tapas and starters.



Ingredients:

Potato.

Oil.

🔹 Frozen

Egg.

Onion.

Salt.



Whole Shitake.

Whole shitake of 2-4 cm diameter, without stems.

Perfect for tapas, appetizers and starters.



Preparation:

DEFROSTING: We recommend NOT defrosting this product.

RECIPE: Make scrambled eggs with them; stir fry them with garlic and ham; or you can just cook them as a garnish for red meat.



Format: 4 x 1 kg.

Average weight:

 $\overline{\mathbf{X}}$ variable



Ingredients:











Mushroom Mix with Porcini.

Mushroom Mix with Porcini.

Perfect for tapas, appetizers and starters.



Preparation:

Agaricus bisporus. Lentinula edodes.



Pleurotus ostreatus. Boletus eduli.



Ingredients:

Pholiota nameko.

DEFROSTING: We recommend NOT defrosting this product.

RECIPE: Make scrambled eggs with them; stir fry them with garlic and ham; or you can just cook them as a garnish for red

 $\overline{\mathbf{X}}$ variable

Average weight:



meat.

Format:

4 x 1 kg.

Chopped Porcini Mushroom.

Diced porcini mushrooms, around 2,5 x 2,5 cm.

Perfect for tapas, appetizers and starters.



Preparation:	Format:
DEFROSTING: We recommend NOT defrosting this product.	4 x 1 kg.
RECIPE: Make scrambled eggs with them; stir fry them with	Average weight:
garlic and ham; or you can just cook them as a garnish for red meat.	X variable



Ingredients:



Porcini mushrooms.



Green Asparagus.

Frozen whole green asparagus.

Perfect for tapas, appetizers and starters.



Ingredients:



Asparagus.

DEFROSTING: We recommend NOT defrosting this product. **RECIPE:** Make scrambled eggs with them, stir fry them with

Preparation:

garlic and ham; or you can just cook them as a garnish for meat and fish.

5 x 1 kg.

Format:

Dimensions:

X 16-22 mm Ø L = 10-17 cm







Cream Profiterol.

Spongy choux profiterol filled with delicious whipped cream.

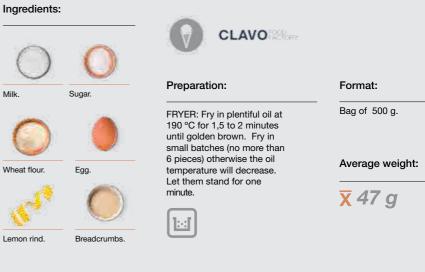
Perfect for desserts.



Leche frita -Battered Custard-

Spanish dessert, Leche Frita -battered custard-Perfect to be served with a sparkle of cinammon and sugar,

Perfect for desserts.



🛊 Frozen

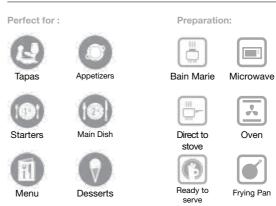


Convenience.

Half Roasted Chicken 102 Chicken Thighs 103 Stuffed Chicken 104 Chicken Fajita 105 BBQ Ribs 106 Pork Cheeks in Red Wine Sauce 107 Pulled Chicken Breast 108 Chicken Tinga 109 Cochinita Pibil 110 Pork Carnitas 111 Pulled Beef 112 Pulled Pork 113 Taco Pastor 114

KEY ICONS





Average weight/piece:

-

Oven

This symbol means "average". X

> We use them to show the average weight per piece in grams (g).





Half Roasted Chicken.

Half chicken, roasted in the oven with a delicious sauce.

Perfect for main dishes.



Preparation: Format: OVEN: Preheat oven at 250°C In Bulk. and roast for15 minutes until golden brown.Turn it over half way through cooking.







Ingredients:



Chicken. Oil.



Ingredients:



Oil.

Chicken.



Salt.

Chicken Thighs.

Chicken thighs, roasted in the oven with a delicious sauce.

Perfect for main dishes.



Preparation:

OVEN: Preheat oven at 250 °C and roast for 15 minutes until golden brown.Turn it over half way through cooking.

Format:

FRYER: Fry in plentiful hot oil at 180 °C for 5 minutes until golden brown.



kg. 3 packs in a box.

Box of 7,5 kg.

Vacuum pack of 2,5

Average weight:

X 272 g

* Frozen

```
🛊 Frozen
```



Roasted stuffed chicken, stuffed with delicious fillings:

- · Roasted stuffed chicken with dates and serrano cured ham.
- · Roasted stuffed chicken with red pepper and egg.
- · Roasted stuffed chicken with ham and cheese.

Perfect for main dishes.



Preparation:

MICROWAVE:Cut into slices, put them on a plate and heat at maximum power for 2 to 3 minutes. FRYING PAN: Cut into slices, heat frying pan, add a splash

of oilve oil and brown them for 2 minutes for both sides at medium heat.



Box of 4 kg / 4 pieces.

Format:

Average weight:

 $\overline{\mathbf{X}}$ 1 kg

Ingredients:



Other Ingredients: Variable according to recipe.



Chicken Fajita.

Chicken breast strips, boneless, marinated and grilled.

Perfect for starters and menu.



CLAVO CLAVO

Preparation:

Format:

MICROWAVE:Put in a plate and heat at max. power for 2 to 3 minutes. FRYING PAN:Heat frying pan, add a splash of olive oil and sauté over high heat around 2-3

minutes.

X variable

Average weight:

Bag of 1 kg.

Salt.

Ingredients:

Chicken.



BBQ Ribs.

Roasted pork ribs, vacuum packed with a delicious BBQ sauce.

Perfect for appetizers, starters and main dishes.



Preparation:

OVEN: Preheat oven at 250°C and roast for15 minutes until golden brown.

MICROWAVE:Remove from packaging and place on a plate and heat them at maximum power (6-7 minutes).



Format:

Box of 4 kg (10 units/Box).

Average weight:

X 400 g

Ingredients:



🔹 Frozen

BBQ Sauce



Pork ribs.



Pork Cheeks in Red Wine Sauce.

Our traditional delicious pork cheeks stew, slowly cooked with red wine.

Perfect for appetizers, starters and main dishes.



Preparation:

Once thawed, cook with: OVEN: Preheat oven at 230 °C in mode 2, put the contents into oven safe dish and bake for 12 to 15 minutes. BAIN MARIE: Warm the package in Bain-marie for 10 minutes. MICROWAVE: Put the contents on a microwave-safe dish and heat on



max.power for 5 to 6 minutes.

Format: 6 x 400 g.

Average weight:

⊼ 400 g

Best Before Date:

Ingredients :

Pork cheeks Onion

Red pepper Tomato sauce

Olive oil

Spices Red wine

Salt

Meat broth

Frozen / 18 months Chilled / 60 days 2nd Exp. Date /1 month since thawed.

🔹 Frozen

ME



Pulled Chicken Breast.

Chicken breast slowly cooked with steam and then carefully pulled.

Perfect for canapé, tapas, salads, tacos, burritos, sandwiches and pizzas.



Preparation:

Once thawed, ready to serve. A slight pre-heating is recommended.

MICROWAVE: Heat the contents for 3 minutes in microwave-safe dish at max. power. Then homogenize it.

BAIN MARIE: Warm the package in BainMarie for 10 minutes. Then homogenize it.



Format: 6 x 500 g.

Average weight:

X 500 g

Ingredients :

Chicken

Water

Salt

Frozen / 18 months Chilled / 60 days 2nd Exp. Date/ 1 month since thawed.

Best Before Date:

Ingredients :

Chicken Chipotle Chiles Onion Tomato Spices

Best Before Date:

Frozen / 18 months Chilled / 60 days 2nd Exp. Date/ 1 month since thawed.

Chicken Tinga.

Pulled chicken, seasoned by following traditional mexican recipe.

Perfect for canapé, tapas, salads, tacos, burritos, sandwiches and pizzas.



Format:

Once thawed, ready to serve. A slight pre-heating is recommended.

6 x 500 g.

MICROWAVE: Heat the contents for 3 minutes in microwave-safe dish at Max.

Average weight:

X 500 g

BAIN MARIE: Warm the package in BainMarie for 10 minutes. Then homogenize it.

Power. Then homogenize it.



Preparation:





Cochinita Pibil.

Pork shoulder, marinated with spices and roasted with achiote and orange juice sauce.

Perfect for canapé, tapas, salads, tacos, burritos, sandwiches and pizzas.



Preparation:

Once thawed, ready to serve. A slight pre-heating is recommended.

MICROWAVE:Heat the contents for 3 minutes in microwave-safe dish at Max. Power. Then homogenize it.

BAIN MARIE: Warm the package in BainMarie for 10 minutes. Then homogenize it.



Format: 6 x 500 g.

Average weight:

⊼ 500 g

Best Before Date:

Ingredients :

Pork shoulder

Orange juice

Achiote

Spices

Frozen / 18 months Chilled / 60 days 2nd Exp. Date/ 1 month since thawed.

Ingredients :

Pork meat Chipotle Chiles Lemon Spices

Best Before Date:

Frozen / 18 months Chilled / 60 days 2nd Exp. Date/ 1 month since thawed.

Pork Carnitas.

Traditional mexican cuisine, pulled pork.

Perfect for canapé, tapas, salads, tacos, burritos, sandwiches and pizzas.

Preparation:

Once thawed, ready to serve. A slight pre-heating is recommended.

6 x 500 g.

Format:

recommended.

Average weight:

MICROWAVE:Heat the contents for 3 minutes in microwave-safe dish at Max. Power. Then homogenize it.

⊼ 500 g

BAIN MARIE: Warm the package in BainMarie for 10 minutes. Then homogenize it.







Pulled Beef.

Pulled beef, made from raditional gaucho style roast beef.

Perfect for canapé, tapas, salads, tacos, burritos, sandwiches and pizzas.

CLAVO

Preparation:

Once thawed, ready to serve. A slight pre-heating is recommended.

MICROWAVE: Heat the contents for 3 minutes in microwave-safe dish at Max. Power. Then homogenize it.

BAIN MARIE: Warm the package in Bain-marie for 10 minutes. Then homogenize it.



Format:

6 x 500 g.

Average weight:

X 500 g

Best Before Date:

Ingredients :

Beef meat

Red wine

Water

Spices

Sal

Frozen / 18 months Chilled / 60 days 2nd Exp. Date/ 1 month since thawed.

Ingredients :

Pork meat Tomatos Aromatic Herbs Spices Fume Aroma Salt

Best Before Date:

Frozen / 18 months Chilled / 60 days 2nd Exp. Date/ 1 month since thawed.

Pulled Pork.

Pork meat marinated and pulled by following a traditional recipe. Tex-Mex cuisine.

Perfect for canapé, tapas, salads, tacos, burritos, sandwiches and pizzas.



Once thawed, ready to serve. A slight pre-heating is recommended.

6 x 500 g.

Format:

Average weight: MICROWAVE: Heat the contents for 3 minutes in microwave-safe dish at Max.

X 500 g

BAIN MARIE: Warm the package in Bain-marie for 10 minutes. Then homogenize it.



Preparation:





Power. Then homogenize it.



Taco Pastor.

Marinated pork loin, nicely sliced and accompanied with pastor sauce.

Perfect for canapés, tapas, salads, tacos, burritos and sandwiches.



Preparation:

Once thawed, ready to serve. A slight pre-heating is recommended.

MICROWAVE:Heat the contents for 3 minutes in microwave-safe dish at Max. Power. Then homogenize it.

BAIN MARIE: Warm the package in BainMarie for 10 minutes. Then homogenize it.



Format:

6 x 500 g.

Average weight:

⊼ 500 g

Best Before Date:

Ingredients :

Pork loin Guajillo Chile

Achiote Orange juice

Spices

Vegetables

Frozen / 18 months Chilled / 60 days 2nd Exp. Date/ 1 month since thawed.

114

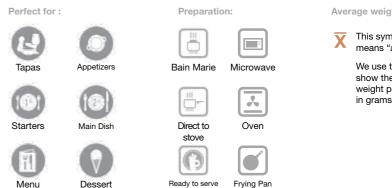


Canned.

Canned.

Fideuá 118 Rice with Hot Meat119 Seafood Paella120 Paella Mix 121 Rice with Chicken 122 Black Rice with Cuttlefish 123 Pork Cheeks in Red Wine Sauce 124 Hock Stew 125 Roasted Ham 126 Hot BBQ Chicken Wings127 Baby Squid in its own ink 128 White Bean Salad 129 White bean with Cod 130 White bean with Tripe 131 White bean with Mushrooms 132 White bean with Octopus 133

KEY ICONS





This symbol means "average".

We use them to show the average weight per piece in grams (g).



Fideuá.

Our traditional fideua -noodles on the frying pan-, made with toasted noodles, fish and seafood. An authentic mediterranean flavor.

Perfect for tapas, starters and main dishes.

6008	CLAVO
Preparation:	Format:
FYING PAN or PAELLA PAN: Pour broth and ingredients into a pan, bring to boil. Add	960 g x 6 units.
the noodles and cook over a high heat for 5-6 minutes. Let	Weight:
it stand for 5-10 minutes and serve with alioli sauce.	<mark>⊼</mark> 1000 g

Ingredients:





Red pepper. Prawn.



Fried tomates. Squid.

Other Ingredients: Olive oil, onion, salt, garlic and fish broth.



Rice with Hot Meat.

Zamoran traditional rice dish made with chorizo, pork meat and rice.

Perfect for tapas, starters and main dishes.



Preparation:





FRYING PAN or PAELLA PAN: Pour broth and ingredients into

a pan, bring to boil. Add the rice and cook over a low heat for 15 minutes. Let it stand for 5

Weight: **X** 1000 g

Format:

1 kg x 6 units.







minutes and serve.



Other Ingredients:

Sweet Paprika and hot Paprika.

Chorizo.

Red pepper.

Garlic.

Ingredients:

Rice.

Pork ears.

Olive oil.



Seafood Paella.

Our traditional seafood paella, made with rice, fish and other delicious seafood. An authentic mediterranean flavor.

Perfect for tapas, starters and main dishes.



Preparation:

FRYING PAN or PAELLA PAN: Pour broth and ingredients into a pan, bring to the boil. Add the rice and cook over a low heat for 15 minutes. Let it stand for 5 minutes and serve.



Format:

1 kg x 6 units.

X 1000 g

Weight:

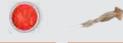
Ingredients:

Prawn.





Red pepper.



Tomato Sauce. Squid.

Other Ingredients: Peas, olive oil, onion, salt, garlic and fish brotha.



Mixed Paella.

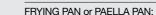
The most famous and traditional paella, made with rice, seafood and chicken.

Perfect for tapas, starters and main dishes.



Preparation:





Pour broth and ingredients into a pan, bring to the boil. Add the

minutes and serve.

for 15 minutes. Let it stand for 5

rice and cook over a low heat

Weight:

Format:



X 1000 g

1 kg x 6 units.

\star Conserva

* Conserva

Tomato sauce, chicken broth, peas,

olive oil, onion, salt, garlic and fish

Ingredients:

Rice.

Prawn.

broth.

Chicken wings.

Mussels

Red pepper.

Squid.



Rice with Chicken.

Our traditional rice dish, cooked with chicken.

Perfect for tapas, starters and main dishes.



Preparation:

FRYING PAN or PAELLA: Pour broth and ingredients into a pan, bring to the boil. Add the rice and cook over a low heat for 15 minutes. Let it stand for 5 minutes and serve.



Format:

Weight:

1 kg x 6 units.

X 1000 g

Ingredients:	
0	- and
Rice.	Chicken wings.
	4
Oil.	Red pepper.
Fried Tomatoes.	Peas.
Other Ingred	lionte



Black Rice with Cattlefish.

Black rice with cuttlefish, a delicious dish with an authentic sea flavour brought to your table.

Perfect for tapas, starters and main dishes.



Preparation:

FRYING PAN or PAELLA PAN: 5 minutes and serve.

Other Ingredients: Fish broth, cuttle fish ink and salt.

Ingredients:

Rice.

Garlic.

Onion.

Format:

1 kg x 6 units. Pour broth and ingredients into a pan, bring to the boil. Add the rice and cook over a low heat Weight: for 15 minutes. Let it stand for

X 1000 g

* Conserva

* Conserva

Cattlefish.

Red pepper.

Oil.



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Pork Cheeks in Red Wine Sauce.

Our traditional delicious pork cheeks stew, cooked with red wine.

Format:

Weight:

800 g x 8 units.

x 800 g

Perfect for appetizers, starters and main dishes.



Preparation:

OVEN: Preheat oven at 230 °C and bake for 12 to 15 minutes.

MICROWAVE:Put the contents on a microwave-safe dish and heat on max.power (7-8 minutes).

BAIN MARIE: Heat the can in bain marie (10-15 minutes).



Ingredients:



Pork Cheeks. Onion.



Olive oil. Red pepper.



Meat broth. Tomate sauce.

Other Ingredients:

Red Wine.

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Beef hock Carrot.

Ingredients:



Olive oil.



Other Ingredients: Mushrooms and veal broth.

Hock Stew.

Traditional hock stew with diced carrots, peas, pepper and mushrooms.

Perfect for main dishes.



Preparation:

800 g x 8 units.

on a microwave-safe dish and heat on max.power (7-8 minutes). DIRECT TO STOVE: Put the contents on a sauce pan and heat over a medium heat until

MICROWAVE: Put the contents

|--|--|

boiling.

Weight: x 800 g

Format:



Roasted Ham.

Traditional style roasted ham with a sauce.

Perfect for tapas, starters and main dishes.



Preparation:

OVEN: Preheat oven to 240°C, put the contents on an ovensafe dish and bake (12-15 minutes). MICROWAVE: Put the contents on a microwave-safe dish and heat on max. power (7-8 minutes).

BAIN MARIE: Heat the can in bain marie (10-15 minutes).



800 g x 8 units.

Format:

Weight:

x 800 g





Ingredients:







Hot BBQ Chicken Wing.

Marinated chicken wings with hot sauce.

Perfect for tapas, appetizers and starters.



Preparation:

minutes).

Format:

OVEN: Preheat oven to (240°C), put the contents on an oven-safe dish and bake (12-15 MICROWAVE: Put the contents on a microwave-safe dish and heat on max. power (7-8 minutes).



800 g x 8 units.

Weight:

 $\overline{\mathbf{X}}$ 800 g



* Conserva

Spices.

Spicy sauce.

Ingredients:

Chicken Winas

Oil.





Baby Squid in its own ink.

Our delicious baby squids, stuffed with onion, giant squid and rice.

Perfect for tapas, starters and main dishes.



Preparation:

MICROWAVE: Put the contents on a microwave-safe dish and heat on max. power (7-8 minutes). DIRECT TO STOVE: Put the contents on a sauce pan, heat it at medium heat until it starts boiling.



Format:	

800 g x 8 units.

Weight:

<mark>⊼</mark> 800 g

Ingredients:

Image: state s

Ingredients: Lourenzá White Bean. Cod. Cod. Green Pepper. Red pepper. Olives.

White Bean Salad.

Delicious Lourenza white bean salad.

Perfect for starters and menu.



Preparation:

Format:

HOW TO PREPARE: Open the can, drain the liquid and season it as you like. Serve cold.





800 g x 8 units.

100



White Bean Stew with Cod.

Lourenza white bean stew with cod, pil pil style.

Perfect for starters and main dish.



Preparation:

MICROWAVE: Put the contents on a microwave-safe dish and heat on medium power (9-10 minutes).Stir it carefully half way through cooking.

BAIN MARIE: Heat it in bain marie (10-15 minutes).

DIRECT TO STOVE: Put the contents on a sauce pan and heat directly over a low heat until boiling (8-10 minutes).



Format:

800 g x 8 units.

Weight:

x 800 g

Oil.

Lourenzá bean.

Cod.

Onion.

Ingredients:







White Bean with Tripe.

Authentic Lourenza white bean stew with Tripe. Perfect for starters and main dishes.



Ingredients:



Lourenzá bean. Tripe.



Paprika



Olive oil.

Pork legs.

Preparation:

Format:

MICROWAVE: Put the contents of the can on a microwavesafe dish and heat on medium power (9-10 minutes). Stir it carefully half way through cooking.

BAIN MARIE: Heat it in bain marie (10-15 minutes).

DIRECT TO STOVE: Put the contents on a sauce pan and heat directly over a low heat until boiling (8-10 minutes).





Weight:

x 800 g

800 g x 8 units.



White bean with Mushrooms.

Lourenza white bean stew with mixed mushrooms.

Perfect for starters and main dishes.

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Preparation:

MICROWAVE: Put the contents of the can on a microwave safe plate and heat at medium power (9-10 minutes). Stir it carefully half way through cooking.

BAIN MARIE: Heat it in bain marie(10-15 minutes).

DIRECT TO STOVE: Put the contents on a sauce pan and heat directly over low heat until boiling (8-10 minutes).



Format:

800 g x 8 units.

Weight:

x 800 g

Ingredients:

Olive oil.



Lourenzá Bean Various Mushrooms



White wine



White bean with octopus.

Lourenza white bean stew with octopus.

Perfect for starters and main dishes.



Preparation:

MICROWAVE: Put the contents

on a microwave safe plate and heat on medium power (9-10 minutes). Stir it carefully half way through cooking.

BAIN MARIE: Heat it in bain marie (10-15 minutes).



800 g x 8 units.

Format:

Weight:

DIRECT TO STOVE: Put the contents on a sauce pan and heat directly over a low heat until boiling.(8-10 minutes).



	18



Ingredients:

Lourenzá Bean

Onion.

Olive oil.

White wine.

Octopus.

Paprika.

Pepper.



La Familia de Lola.

Quality, good taste, Lola's love for the family is the seacret ingredient.







Our tasty ready meals are the best choice.

We prepared delicious canned food made with high quality ingredients, based on our original recipes that every member of my family has created. By using our ready meals, you can also create many different dishes. For example, we have recipes such as "Pork cheeks in red wine sauce", "Paella Mix", "Seafood Paella", "Hot BBQ Chieken Wings" or "Baby Squid in its own ink".

They are just some of our delicacies. For lunch or dinner with your family and friends, you don't have to worry anything,

-Just enjoy-.

#Because. Don'tWorryAboutCooking



www.lafamiliadelola.com

It all started one day when my grandmother was cooking her

famous croquettes and Miguelito said to her:

¡Grandma, your recipe will be famous all over the world!

Then my father thought it would be a great idea if we could share our family's delicious recipes, and create an easy way to take away these delicious dishes. This was the beginning of La familia de Lola. -Lola's Family-.



